



# Providing Healthy Outcomes For Yavapai County Youth



Catholic Charities Community Services (Yavapai Region) has a long history of developing and implementing innovative youth development projects throughout Yavapai County that show how young people have the power to create positive change and significantly impact our communities. Beginning with the Teenage Pregnancy Prevention Program (TAPP) in 1997, Catholic Charities' youth development projects have since grown into a comprehensive array of programs that promote the positive engagement of youth in the community.

The positive youth development approach suggests that helping young people to achieve their full potential is the best way to prevent them from engaging in risky behaviors (National Clearinghouse on Families and Youth, 2007). The knowledge, confidence, reasoning and leadership skills gained through youth development projects give youth self-assurance, positive direction and an opportunity to realize a future in which they can be successful.

North Star's Youth Development projects provide participants with the three P's: Purpose (i.e., a sense of direction and meaning in their lives), Power (i.e., a sense of control over their lives), and Place (i.e., feelings of inclusion and belonging).

To learn more about these exciting projects, call Diane DeLong, North Star Youth Partnership Program Director, at 778-2531, ext. 54014.

## North Star Youth Development Projects

Girls & Sports Day  
GoGirlGo!  
Girl's Athletic Scholarships

Teen Maze  
Teens Taking Action

TAPP Players

Baby...Ready or Not

After Prom Positive  
Alternative/Safe  
Grad Night

Life Decisions Book  
Poster Design  
Contest

Peer Assistance  
Leadership Program

Teen Outreach  
Program



### Youth Development:

*Youth development can be defined as "a process by which youth develop the personal, social, academic, and citizenship competencies necessary for adolescence and adult life based on their capacities, strengths, and formative needs."*

– From the *Advancing Youth Development* curriculum

